Sing Like a Team: Teaching Mind, Body, Spirit Through the Young Choral Ensemble

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Why Kodály?

- Essential Elements:
 - Singing
 - Folk Music
 - Solfège
 - Music & Quality
 - Development of the Complete Musician
 - Sequence*
- Team Building is intrinsic in the Kodály Method

Warm-Up Routine

- Call to Attention (using musical cue)
- Rhythm Canon
- Gross and Fine Motor Physical
 - Jumping jacks/scissors/jump in place
 - Slowing breath
 - Full-body forward fold
 - Find posture
 - Eyebrow "push-ups"
- Breath Work
 - Silent inhale and exhale with physical movement
 - Hissing out
 - Sing counting
- Accessing Head Voice
 - Echo vocalizations in varying ranges/tones/vowels
- Tone-Developing Vocalizations
 - o Hum
 - "zoo" and "zah"

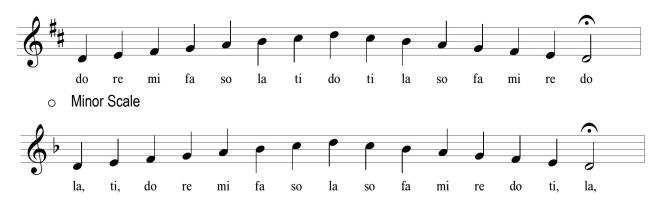


Zing-a



Zing-a zi

- Unison Singing
 - Major Scale



- Multi-part Singing
 - Scale in two/three parts
 - Round

Ah, Poor Bird



Lead into Repertoire

Resources

- Organization of American Kodály Educators (<u>www.oake.org</u>)
- International Kodály Society (www.iks.hu)
- Excellent Treble (and More!) Choirs
 - o Los Angeles Children's Chorus (USA)
 - American Boychoir (School, USA)
 - o Drakensberg Boy Choir (School, South Africa)
 - Wiener Sängerknaben (Vienna Boys' Choir)