



CONFERENCE REGISTRATION

INTERNATIONAL BOYS' SCHOOLS COALITION AND SHORE SCHOOL BOYS AT RISK CONFERENCE

SUNDAY 25TH OCTOBER &
MONDAY 26TH OCTOBER, 2009
AT: SHORE SCHOOL
1 BLUE STREET, NORTH SYDNEY

TO REGISTER AS A DELEGATE TO THE IBSC/SHORE
BOYS AT RISK CONFERENCE
PLEASE APPLY THROUGH THE *TRYBOOKING* WEBSITE:
<http://www.trybooking.com/YN>

If you are unable to register your attendance by this method please contact
David Anderson danderso@shore.nsw.edu.au

Registration at Shore School -
1.00 pm on 25th October, 2009

The Conference will be opened by Professor Gordon Parker. Gordon Parker is a Professor of Psychiatry at the University of New South Wales and was instrumental in establishing the Black Dog Institute which leads research into mood disorders in Australia. Other presentations include:

- Managing suicidal behaviour in schools
- School management of self harm and suicidal behaviour
- Strategic classroom management of boys with mental health problems
- Mind Matters - The Commonwealth Government's response to mental health in schools
- Mental health in primary aged boys
- The unique mental health challenges of boys in rural and regional areas



BOYS AT RISK CONFERENCE

SUNDAY 25TH OCTOBER & MONDAY 26TH OCTOBER, 2009

Dress for all sessions: smart casual including Conference Dinner

SUNDAY 25TH OCTOBER

Program	Title/Presenter
Opening Session 2:00pm	<ul style="list-style-type: none"> <u>Mood Disorders in Young Men</u> - Prof. Gordon Parker. Gordon Parker is a leading international expert on depression and mood disorders. He is Scientia Professor of Psychiatry at the University of New South Wales and Executive Director of the Black Dog Institute at the Prince of Wales Hospital in Sydney. In 2004 he received a Citation Laureate as the Australian Scientist most highly cited in the field of 'Psychiatry/Psychology'. His research has focused on modeling psychiatric conditions (depressive, bipolar and personality disorders) and examining causes, mechanisms and treatments for mood disorders.
Afternoon Tea 3-30pm	
Afternoon Session 4:00pm	<ul style="list-style-type: none"> <u>Paper 1: What Schools Need to know about Boys and Anxiety</u> - Jonathan Gaston: Jonathan is the Clinic Director of the Macquarie University Anxiety Research Unit. He is responsible for the design of group treatment interventions for anxiety disorders and co-ordination of the day-to-day running of the adult and child anxiety clinics. His research interests include the assessment and treatment of social phobia, panic disorder, blood-injury phobia, stress and burnout and fear-based procrastination.
5:00pm	<ul style="list-style-type: none"> <u>Paper 2: Youth Mental Health First Aid for schools: core concepts and implementation.</u> - Dr Claire Kelly: Claire Kelly is the coordinator of the Youth Mental Health First Aid Program at the ORYGEN Research Centre, University of Melbourne. Claire completed PhD studies in adolescent mental health literacy in 2005, and has since been working on projects to develop international Mental health First Aid. Claire's particular interests are in mental health and the mental health literacy of adolescents, and up-skilling young people and the adults around them to respond appropriately to emerging mental health problems.
Drinks and Conference Dinner	6-30pm for 7:00pm - Shore School Dining Hall

MONDAY 26TH OCTOBER

Title	Description
Joint Session 9:00am	<u>School Management of Self Harm and Suicidal Behaviour in Schools.</u> - Lydia Senediak. Lydia is a Clinical Psychologist who has spent the last 20 years working in the area of mental health - both in private practice and with a Child and Adolescent Mental Health Service in Sydney. Her particular current clinical and research interests are in the treatment of depression, grief, anxiety, deliberate self-harm and suicidal behaviour in teenagers.
Morning Tea 10:00am	
Morning Workshops - 5 parallel workshops on Mental Health In Schools 10:45am	<ol style="list-style-type: none"> <u>Strategic Classroom management of Boys with Mental Health Problems</u> - Ross Black, Principal of Rivendell School, Sydney. Rivendell School is part of the Rivendell Child, Adolescent and Family Mental Health Services, a joint Department of Health and Department of Education and Training facility that focuses on mental health problems for young people and their families. <u>Mental Health in Primary Aged Boys</u> - Jane Sleeman. Jane is a Registered Psychologist in a Private Practice that specialises in depression, anxiety and chronic illness. She is the Founder of Hollyhox Positive Resources and Director of Inside Out Psychology. Jane has a wealth of experience working with young people and their families, having also worked as a Teacher and School Counsellor. <u>The Unique Mental Health Challenges of Boys in Rural and Regional Areas</u>: Bruce Paine: Bruce is Student Counsellor at Kinross Wolaroi School in Orange, a large regional city located 4 hours drive west of Sydney. Kinross Wolaroi is a co-educational boarding school of 1200 students of whom nearly 400 are boarders drawn primarily from the regional areas of New South Wales. <u>Mindmatters - The Commonwealth Government's Response to Mental Health in Schools</u>: MindMatters is a national mental health initiative for secondary schools funded by the Australian Government Department of Health and Ageing and implemented by Principals Australia (formerly APAPDC). MindMatters uses a whole school approach to mental health promotion based on the principles of the World Health Organization's Global School Health Initiative and the Australian National Health Promoting Schools Framework. <u>Connecting Schools with Community-based Mental Health Services</u> - Danielle Thomas: Danielle is a Registered Psychologist and Coordinator of the School-link Program for the Northern Sydney Sector of the Northern Sydney Central Coast Area Health Service. The <i>School-Link</i> initiative aims to improve the early identification and treatment of mental health problems in children and adolescents in schools and TAFEs across NSW.
Lunch 12-15pm	
Afternoon Workshops 1:30pm - 2:45pm	A repeat of the morning workshops
Closing Address 3:00pm	TBA